



food *for* life

ANNUAL
REPORT
2014

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Board Chair and Executive Director's Joint Report on 2013/2014



Reaching a Two Million Pound Milestone in Food Distribution

As a result of our efforts in food solicitation, we were able to source and distribute 2,169,210 million pounds of food to clients of our partner organizations and of our outreach programs (a 50% increase over 2012/13). From our annual March HungerCount survey in 2014, we supported 26,628 client visits with food during the month. The mix of food products, both fresh and frozen, is very nutritious; 61.1% by weight is either meat, fish, dairy or produce. Thanks to the tremendous efforts of our staff, our volunteers and our partner organizations, we have reached this significant milestone ahead of plan.

Operations and Programs

Naturally, the scale and complexity of our operations both increase as food volumes grow. A number of changes were made to strengthen our operations management capabilities via new staff assignments. We also increased staff resources, for example, bringing our third driver close to full-time status. We also improved efficiency through such changes as revised truck routes and new pick-up procedures at the warehouse. For the first time, we now have a full-time Manager of Fund Development. This position is critical for us to achieve steadily growing and therefore, more challenging revenue targets.

In keeping with our Strategic Plan, program diversification has continued. We have community kitchens operating in four locations, effectively supported by our staff. With a grant from the Region, we began a “Feeding Halton” project, which offers a central access point for local farmers to sell and donate produce to community agencies. This is a collaboration between Food For Life, Halton Fresh Food Box, Halton Food For Thought, St. Christopher’s Anglican Church and the Fruit Tree Project. Development work continues with our two partners, the Canadian Diabetes Association and Halton Healthcare Services, on the Halton Region Diabetes Initiative. This program is modelled on a very successful pilot initiated by Feeding America. It will, when implemented, provide healthy food, diabetes self-management education and peer support to low-income adults with type II diabetes.

New Recognition by Charity Intelligence

In 2014, Charity Intelligence, a not for profit organization that evaluates Canadian charities and makes recommendations for funders, announced that Food For Life has been awarded the top “Four Star” rating, indicating a high-performing organization which is recommended for financial support. Food For Life is one of only 80 charities to receive the top rating after an extensive evaluation by CI of more than 500 charities across Canada. We are very honoured to be so recognized.

Governance

The Board again conducted a survey on Board Effectiveness and the Governance and Nominating Committee has formulated a series of recommendations which will address issues raised by directors. Our Corporate Secretary helped us create an amended and re-stated By-Law, which consolidates all amendments in one document. New amendments were also approved, on the meeting quorum, term limits for directors, maximum size of the Board and on election procedures. We have established a Finance Sub-Committee of the Board to enhance our capability to analyse and advise on financial issues.

Changes in Board Membership

Two long-standing directors stepped down this past year: Brennan Carson, who continues to be a part of our fundraising efforts, and Basil Elliott, who led our communications planning. Our thanks are due to both for their exceptional contributions. Newly-appointed to the Board are Ken Spurling, with experience in banking and finance, Doug Barnes, with experience in retail food warehousing and distribution, and Jeff Zabudsky, a college president with board-level experience with City Harvest Food Bank in Winnipeg.

Office Renovation

Thanks to capital grants from the Ontario Trillium Foundation and the Home Depot Canada Foundation, combined with staff volunteer labour, Food for Life now has renovated offices and conference room. Our landlord, George Bouzianis contributed an upgrade to the heating system, making the reconfigured space much more usable.

Last Term of Office as Board Chairman

At the December 2014 annual general meeting, I am stepping down as Board Chairman. Jeff Zabudsky is incoming Board Chairman. I am delighted that Jeff has accepted this position and I am certain that with his leadership, Food For Life will continue to grow, to innovate and to collaborate, for the benefit of all those in need in Halton Region. I am grateful for the experience of working

with so many remarkable people; skilled, experienced, compassionate and very dedicated. They include clients, staff, volunteers, and colleagues throughout our network; these have been my inspiration! My thanks to everyone who has helped me in the performance of my duties, and to all those who have responded positively when asked for help!

The People Involved

We extend a warm thank you to our dedicated board members and would also like to acknowledge the hard work and commitment of all staff at Food for Life

Board of Directors

Blair Richardson - Chair

Jeff Zabudsky - Incoming Chair

Catherine Potechin - Vice Chair & Chair,
Governance & Nominating

Michael Dwyer - Treasurer & Chair of the
Finance Sub-Committee

Troy Pocaluyko - Secretary

Anthony Traversa

Chuck MacFarlane

Sarah Rae

Brenda Zinkiewich

Heather Lee

Kenneth Spurling

Doug Barnes

Staff

Chris Roberts - Executive Director

Ian Gibbons - Director of Operations

Karen Bonham - Manager, Outreach Program

Joelle Efford-Gibbons - Manager, Fund Development

Ryan Buisman - Manager, Operations

Ron Hiegelsberger - Driver

Harry McNerney - Driver

Sue Carson - Manager, Community Relations

Mimi Lau - Community Kitchens Facilitator

Cathy Benbow Plewes - Project Manager
Halton Region Diabetes Initiative

A BIG thank you to Linda Dixon, our Cobs Bread Program Co-ordinator, for her countless hours scheduling our volunteers at Cobs locations to facilitate daily bread donations. Further, thank you to David Nowell who serves as a warehouse hand and stand-in driver when needed. Finally a large thank you to Pat Johnson, our weekly food sorter.



Chris Roberts
Executive Director



Blair Richardson
Chair

Incoming Board Chair
Jeff Zabudsky



Looking Ahead

As a newcomer to the Board of Food For Life, it has become immediately apparent to me that the Board is made up of dedicated individuals who care deeply about the role the organization fulfills in the community. As someone who has served the food security movement elsewhere in Canada, I am well aware of the critical need that is being addressed by this great organization. Beyond the obvious physical nourishment that is being provided, Food For Life is also creating a network of capacity that is nourishing communities in many other important ways.

I look forward to working with the Food For Life Board to support the exceptional efforts of staff in responding to this growing need in Halton Region.

Dr. Jeff Zabudsky is Sheridan's sixth President, a position he assumed on February 1, 2010. He has recently signed an agreement with the Sheridan Board of Governors for a second term of office that will carry through to the year 2022.

Prior to joining Sheridan, Dr. Zabudsky worked at post-secondary institutions in Nova Scotia, Ontario

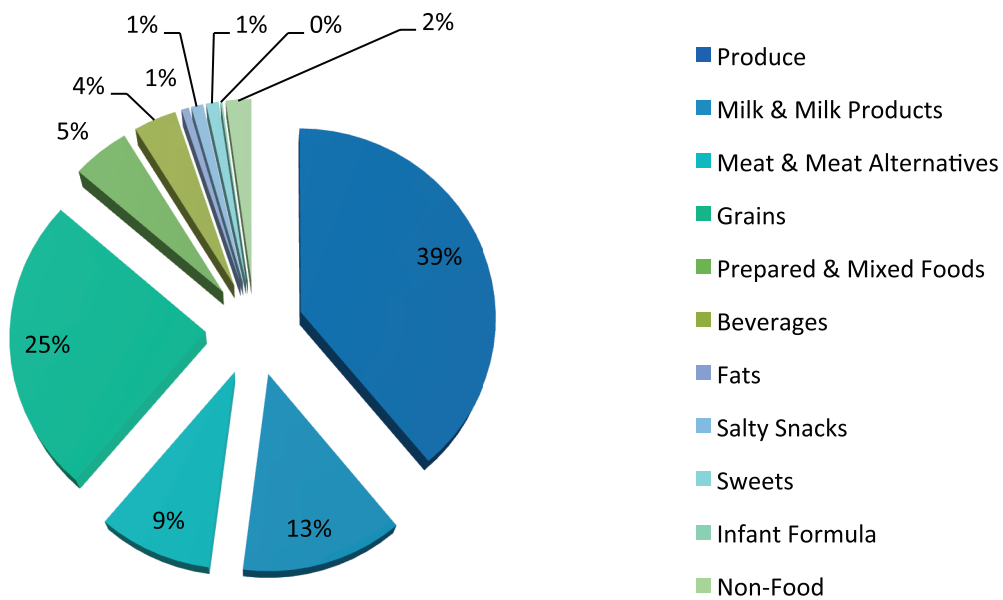
and Alberta, including six years as President and CEO of Red River College in Winnipeg, Manitoba.

Dr. Zabudsky holds a Ph.D. in Educational Policy Studies from the University of Alberta, a Masters of Distance Education from Athabasca University, and a Bachelor of Applied Arts Degree in Broadcast Journalism from Ryerson University.

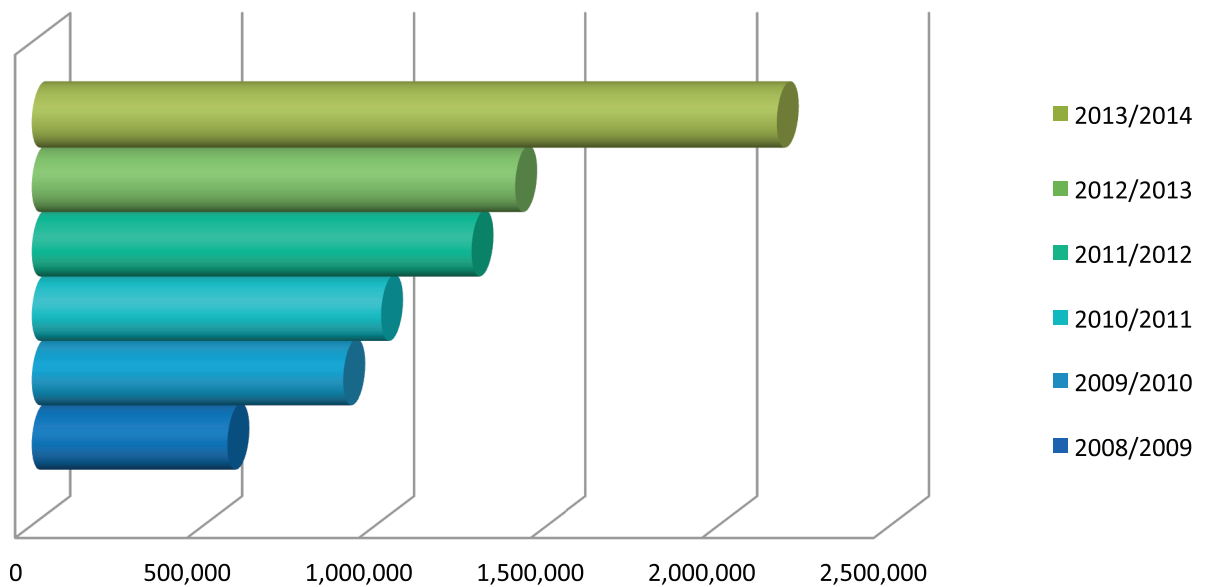
Dr. Zabudsky is actively engaged in the communities served by the college. He is currently Chair of the Board of Food for Life, member of the board of the Halton Industry Education Council, member of the Mississauga Board of Trade, and board member of the Peel Children and Youth Initiative. He previously chaired the Oakville United Way Campaign in 2011, and the United Way of Winnipeg Campaign in 2009. He has also served as the Board Chair of Winnipeg Harvest Food Bank.

He received Athabasca University's Distinguished Alumni Award in 2011 and Ryerson University's Alumni Award of Distinction in 2013.

2013/2014 Total Distribution by Food Type



Total Food Distribution by Year in Pounds



March 2014 Hunger Count Results



The **Hunger Count Survey**, led by Food Banks Canada, is the only national survey of food bank use in Canada. Food Banks Canada member agencies record their client use during the month of March each year, and then send the results to Food Banks Canada.

The Hunger Count is critical for describing the persistent problem of hunger in Canada. It allows food banks and food bank associations to advocate at the municipal, provincial and federal levels of government for policies that will reduce the need for food assistance.

The consolidated results of Food for Life (FFL) clients show that children make up 39.5% of Food for Life individuals which is higher than the national average of 37%. Of FFL adults served 47% are women, 17% are immigrants and 12% are seniors. Households served are predominately single people (35%), followed by single parents (33%), two parent families (23%). **The major source of income for our clients** is ODSP and Ontario Works (25% each). We are also meeting **the needs of** the working poor as 20% of our households served are employed in low paying jobs.

FOOD FOR LIFE 2014 HUNGER COUNT		
	Number of Client Visits	
Food Recipients	March 2014	March 2013
Community Agencies (55)	20,600	12,866
Outreach Programs (37)	3,021	2,752
Meals Served / Community Kitchens	3,007	6,441
TOTAL	26,628	22,059

Outreach Programs September 2014

Burlington

Applemead Cooperative
Bill Shackleton Place
Brant Hills Presbyterian Church
Burlington East Presbyterian Church
Don Quixote Cooperative
Faith Christian Reformed Church (2)
Halton Children's Aid Society
Halton Islamic Association (2)
Halton Multicultural Association (2)
Life Church
Longmoor Seniors Residence
Nelson Cooperative
Pinedale Senior Residence
St Luke's Anglican Church
Stoa Cooperative
Tansley United Church

Oakville

Birch Glen Cooperative
Clearview Christian Reformed Church
Dar Foundation
Front Line Outreach
Glen Oaks Cooperative
Halton Multicultural Council
Oakridge Bible Chapel
St Hilda's Anglican Church
St Jude's Anglican Church

Milton

Bruce Seniors Residence
Halton Multicultural Council
Martin House Seniors Residence
Milton Bible Church

Acton

Bethel Christian Reformed Church
Lakeview Villa Seniors Residence
St. Alban's Anglican Church

Georgetown

St Alban the Martyr Anglican Church (Glen Williams)
St John's United Church



Food for Life Agencies Served in 2013/14

Oakville

Arthouse
Big Brothers Big Sisters of Halton
Bronte Youth Centre Queen Elizabeth Park
Community Youth Programs Incorporated
Front Line Outreach
Grace House Incorporated
Halton Lighthouse Emergency Shelter
Home Suite Hope
Kerr St Ministries
Lions Foundation of Canada Guide Dogs
Oakville Youth Development centre
Queen Elizabeth Park Youth Centre
Salvation Army Oakville Community Church
Seedlings Childcare Centre
Support and Housing Halton
Supported Training and Rehabilitation in Diverse Environments (STRIDE)

Burlington

Carey House
Carpenter House
Compass Point Bible Church
Compassion Society of Halton
Fassel Outreach
Food 4 Kids
Glad Tidings Pentecostal Church, North BurLINKton Dinner
Halton Food for Thought
Kids Chill Zone Burlington
Our Kids Network – Aldershot Hub
Reach Out for Kids (Our Community Cares & Surrey Lane)*
St Christopher's Anglican Church
St Matthew on-the-Plain
Salvation Army Burlington community and Family Services
Shifra Homes Inc

Summit Housing - Burlington
Wellington Square United Church

Milton

Bob Rumball Association for the Deaf
Community Living North Halton
Hope Place Recovery Centres – Halton Recovery House
Hope Place Recovery Centres – Women's Treatment Centre
Milton Community Resource Centre
Milton Meals on Wheels / North End Food Bank

Georgetown

Georgetown Breadbasket

Acton

Links 2 Care

Mississauga

The Compass Market
Peel Family Centre

Hamilton

Feed the Hungry, Hamilton
Good Shepherd Centre, Family Services Food Bank
Good Shepherd Centre, Women's Services, Martha's House
Good Shepherd Centre, Notre Dame House
Kings Way Blessing Centre
Mark Preece House
Mission Services of Hamilton Incorporated
Minto Program, Hamilton
Neighbour 2 Neighbour
St Matthews House
Salvation Army Hamilton Kitchen
Wesley Urban Ministries



Food Donors



Agro Wholesale Produce Ltd	Inapak Marketing Inc.
Alasko Foods	Ippolito Group
Allison's Farm Market	Liberty Freezers Ltd
American Woman's Club	Longo's Brothers Fruit Markets Inc.
Andrews Scenic Acres	Maple Leaf Foods Inc.
Bayshore Vegetable Shippers	Maple Lodge Farms
Bevsupport Corp.	Mercury Marine Milton
Burlington Convention Centre	Milton Bible Church
Burlington Green	Mondelez International Inc.
Cargill	Oakville Conference Centre
Chudleigh's Limited	Oakville Ribfest
Cobs Bread (Lakeshore Road and Upper Middle Oakville locations)	On Route Distribution Ltd
Compassion Society of Burlington	ONEXONE Foundation
Cooperators	Ontario Association of Food Banks
Costco (Oakville and Burlington locations)	Panera Bread
Cumis Group Limited	Produce Planet Burlington
Daily Bread Food Bank	Radha Soami Society Beas Farm
Dajong's Dairy Burlington	Real Canadian Superstore (Oakville)
Dell Pharmacy	Regional Municipality of Halton
Denninger's Foods of the World	Roseland Produce
Dokkan Fine Halal Food	Saint John's Church
Earth's Own Food Company Inc.	Salvation Army Burlington
En Route Burlington	Second Harvest
Fisher Farms	Shoppers Drug Mart
Food Banks Canada	Sobeys Distribution Centre Milton
Ford Motor Company	Sodexo Foundation – Feeding Our Future
Forestview Church Without Walls	Starbucks
Fortino's (Lakeshore Road, New Street and Appleby Line locations)	Sysco Canada – Milton
Fresh Start Foods	Target (Burlington, Milton and Oakville locations)
Furlani foods	TD Canada Trust Food Drive
Georgetown Bread Basket	Tim Hortons
Golden Horseshoe Wholesale	Ultima Foods Inc.
Good Shepard Centre Hamilton	Unilever Canada
Gordon Food Services	Van De Water – Raymond
Halton Food for Thought	Wallace & Carey Inc.
Halton Fresh Food Box	Walmart Canada
Halton Fruit Tree Project	Waterloo Region Food Bank
	Whole Foods Market Oakville
	Williams Orchard Milton

Financial Donors

Benefactors

(\$100,000+)

Halton Region Community Investment Fund
Sprott Foundation
United Ways of Halton:
 United Way of Burlington & Greater Hamilton
 United Way of Halton Hills
 United Way of Milton
 United Way of Oakville



Patrons

(\$25,000-\$99,000)

The Grocery Foundation

Supporters

(\$10,000-\$24,999)

Lakeside Logistics
Pocaluyko, Troy
The Joyce Foundation
Trillium Foundation

Contributors

(\$5,000-\$9,999)

First Canadian Title Charitable Foundation
Food Banks Canada
Green Shields Benefits Association
Muslims Implementing Zakat
Oakville Community Foundation
Potechin, Catherine
Tempus Choral Event
Zinkiewich Family

Facilitators

(\$1,000-\$4,999)

BLOOM
Bonnie Lovelace & David Hudson
Burlington East Presbyterian Church
Cider Hill Farm
COBS Bread
Curb Your Appetite Event
Darrel Hayes
Doran Blanchfield
Faith Christian Reformed Church
Faith Church
First Canadian Title
Glad Tidings Church
Halton Compost Program
Halton Trauma Centre
Kellet, John
Knights of Columbus Marian Council #3881
Marian Council 3881 Charitable Trust
Meeting House
Oakville Little League
RBC Estate & Trust Services, Royal Trust
 Corporation of Canada
St. Alban's Anglican Church, Acton
St. Jude's Anglican Church
St. Luke's Anglican Church
The Home Depot Canada Foundation
Union Gas
Willis, Eve



Friends

4 Site Retail Services
Air Canada Pilots Association
Alehaideb, Zeyad
AMEC Americas Ltd.
Anderson, CG
Assman, Fawna
Bedard, David
Bethel Christian Reform Church
Betts, Laura & Dave
Blue Cross
Bodley, John
Brant Hills Presbyterian Church
Cameron, Melissa
Carr, Diana
Carren, Patrick - The Salted Pig
Choi, Stephen
Church of St. Matthew
Clearview Christian Reformed Church
Cole, Ginette
Compass Point Bible Church
Cox, Dave
Crane, Christina
Cumming, Sarah
DeForest, Rosie

Derick Brenninkmeyer Charitable Foundation
DiPresio, David
Dominic, Marie
Doxey, Bonnie
Duross, George & Noreen
Duvall, Janet
Esterhazy and District Donor's Choice
Fidelity Investments Canada ULC
Fisher, Peter
Gehman, Nancy
Gerchikov, Heather
Ghent, John and Janice
Godina, Jim
Grieve Home Maintenance Ltd.
Haidari, Layal
Harris, Tim
Haughey, Brad
Hill, Gary
Holinski, Steve
Horne, Michel & Kerra Wylie
Idrizovic, Nerman
Inzirillo, Marcela & Luis Marten
Jesson, Barry
Jones, Fitzroy
Kemp, Emily





Kimberley-Clark
 Landry, Lynn Dunbar
 Leany, Lynne
 Lemus, Lydia
 Lemus, Nelson
 Liersch, Brett & Kara
 Lighthouse Charitable Foundation
 Lucerne Systems
 Mahoney, Lenora
 Mahoney, Stacey
 Mainguy, Steven
 Mains, Vicki
 Matheson, Sandra
 Mazonetto, Frankie
 McNeil, Ronald
 Medavie Blue Cross
 Mis, Jan
 Moore, Susan
 Nall, Linda
 Nash, John & Terri Beckwith
 Nash, Marion
 Nash, Paul & Karen
 Neal, Judith
 Nixon, Barbara & Stasiak, Eugene
 O'Brien, Mary
 Oliver, Karen
 Palozzi, Edoardo
 Pauly, Kelly
 Pearson, David

Pincock, Fred
 PMI
 Rae, Sarah
 Raptis, Jim - Kool Jim's
 RBC Royal Bank
 Reynolds, Lois
 Richardson, Blair & Sharon
 Richardson, Graham & Jeannie
 Rigby, Timothy
 Rounthwaite, F. David
 Salonga, Rueben
 Sampson, Jean
 Smart, David
 Spear, Max
 St. John's United Church Georgetown
 Stalker, Linda
 Stephen, Allison
 Stinson, Amanda
 Synder, Erica
 Tanner, Alan
 Thomson, Chase - Karma ChaMEALeon
 Tregunno, Megan
 Tupling, Susan
 Wellington Square United Church
 White, David
 White, Jody
 Wilson, Michael H
 Zehr, Murray
 Zvaniga, Margaret

Leadership Giving 2011/2012 – 2013/2014

Halton Region Community
Investment Fund

Sprott Foundation

Oakville United Way

Ontario Trillium Foundation

Halton Region

United Way of Burlington & Greater Hamilton

Grocery Foundation

Lakeside Logistics

Grocery Foundation

Ford Motor Company

Troy Pocaluyko

The Joyce Foundation

Halton Region Community
Investment Fund

Milton United Way

Food Banks Canada

Halton Hills United Way

Ontario Trillium Foundation

ArcelorMittal Dofasco

First Canadian Title Charitable Foundation

Green Shields Benefits Association

Ontario Association of Food Banks

Estate of Bernice Waddell

Blair & Sharon Richardson

May Court Club of Oakville

Burlington Community Foundation

Rotary Club Burlington Lakeshore

Oakville Community Foundation

Brugger Estate

Estate of Eileen Mary Hartnell

Zinkiewich Family

Catherine Potechin

In-Kind Partners

Appleby College

ArtHouse

BevSupport

Caroline Glasby

Cumis Group Ltd.

George Bouzianis

Golden Horseshoe Wholesale

Habitat for Humanity Halton

John Ghent

Kirby James Group

Lakeside Logistics

Mike Brush

Peter Warmels

Pigeon Branding and Design

Routhwaite, F. David

Sodexo Canada

Softchoice

Stylus Asset Management

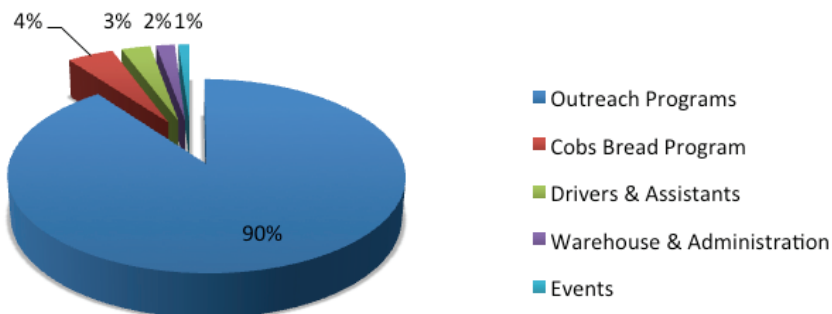
Union Gas



Volunteers

Food for Life is very much a volunteer-powered organization. We work with over 800 volunteers who are integral in helping us to run our programs and operation.

Volunteer Time Totalling 32,520 Hours



2013/2014 Food for Life Canada Charitable Corporation

Statement of Operations

Fiscal Year End September 30		2014	2013
Revenues			
Halton Region Community Investment Fund	\$	134,375	\$ 125,000
United Way		103,016	101,149
Donations and Fundraising		113,128	92,830
Amortization of Deferred Contributions		55,023	70,442
Ontario Trillium Foundation		-	8,182
Halton Region		20,000	20,000
Foundation Grants		228,370	120,388
Other Income		17,926	30,260
	\$	<u>671,838</u>	<u>\$ 568,251</u>
Expenditures			
Salaries, Benefits and Contracts	\$	390,271	\$ 313,903
Amortization		65,451	80,870
Warehouse Rental		42,803	43,940
Vehicle Operating Costs		66,110	46,207
Warehousing and Supplies		27,954	12,599
Professional Fees		19,210	22,644
Administration		20,872	10,835
Travel and Conferences		12,766	6,524
Utilities		13,040	12,872
Promotion		4,062	3,252
Telephone		5,251	4,158
Insurance		2,002	1,948
Fundraising		8,003	2,823
	\$	<u>677,795</u>	<u>\$ 562,575</u>
Excess of revenues over expenditures:	\$	<u>(5,957)</u>	<u>\$ 5,676</u>

Financial Statements have been audited by Charles Havill, Chartered Accountant, and are available at foodforlife.ca



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foodforlife.ca