

# 2015 ANNUAL REPORT



Distributing fresh, nutritious  
food to the hungry

# EXECUTIVE MESSAGE

## Embracing change and celebrating 20 remarkable years

20 years ago Oakville resident, George Bagaco recognized that access to fresh, nutritious food for those in need in his community was a growing concern. George began stopping at a bakery on his way home from work to collect surplus baked goods and deliver them to families in need in his neighbourhood.

Much has changed in 20 years yet the core mandate of Food for Life, to provide fresh, nutritious food to those in need, has remained consistent. In 2015, Food for Life set milestones with the volume of fresh food delivered and the number of people served, by providing food for 175,000 meals a month.

2015 marked a year of transition and growth for Food for Life. The Board appointed a new Executive Director, reinforced the organizational mandate with the launch of a new mission statement and worked diligently to modernize the organization with technology based infrastructure. These enhancements have improved the organization's engagement with the community as well as assisted with expanding outreach service capacity.

Additionally, Food for Life was able to increase its capacity by 33% with the help of the Ontario Trillium Foundation supporting the expansion of the refrigerated fleet with a new and much larger truck, which will significantly impact services for years to come.

Partnership was a major theme this year for Food for Life. Many of the more than 80 delivery site clients and other like-minded non-profits, charities, and organizations formally committed to a collaborative partnership. This new partnership will build momentum by actively seeking out new opportunities to pool knowledge, share research, assess opportunities for improved efficiencies and enhance client programs that will strengthen delivery of collective missions.

Food for Life was also honoured to once again be awarded the highest 4-star accreditation by Charity Intelligence. Charity Intelligence reserves this 4-star rating for only 15% of Canadian charities marking excellence in social results, financial transparency and low administrative costs.

The 20th anniversary of Food for Life is an opportunity to reflect on past accomplishments and to look forward to the future. It is a time to celebrate growth and to recognize the many volunteers, staff, and partner organizations. Above all else, it is an opportunity to reinforce the core mandate of the organization established many years ago by George Bagaco to provide fresh, nutritious food to those in need.



**Jeff Zabudsky**, Board Chair



**Brenda Hajdu**, Executive Director

## BOARD OF DIRECTORS

Jeff Zabudsky, **Chair**

Catherine Potechin, **Vice Chair, Chair Governance & Nominating**

Heather Lee, **Treasurer, Chair Finance**

Troy Pocaluyko, **Secretary**

Doug Barnes

Michael Dwyer

Sarah Rae

Kenneth Spurling

John Trus

Roland Walton

Brenda Zinkiewich

## STAFF

Brenda Hajdu, **Executive Director**

Karen Bonham, **Outreach Program Manager**

Ryan Buisman, **Operations Manager**

Kate Brennan, **Community Engagement Coordinator**

Meaghan Richardson, **Food Procurement Manager**

Ron Hiegelsberger, **Driver**

John Sharp, **Driver**



# COMMUNITY IMPACT REPORT

**\$1**

Provides food for 3 meals.



**27,222**

Client visits every month through Food for Life programs.



**2.2 million**

Pounds of food distributed by Food for Life in 2015.



**66%**

Of food distributed by Food for Life is fresh produce, meat and dairy.

**1 in 8**

People in Halton experience hunger.

**175,000**

Healthy meals a month that Food for Life provides to local food banks and hunger relief agencies.

**80+**

Food for Life agency partners that distribute food to the hungry.

**35%**

Of clients served are children.

**16%**

Of clients served are seniors.



**27,993**

Number of hours volunteers invested in Food for Life in 2015.





# FOOD FOR LIFE OUTREACH PROGRAMS

## Acton

Bethel Christian Reformed Church  
Lakeview Seniors Residence  
St. Alban's Anglican Church

## Burlington

Aldershot Village Residence  
Applemead Cooperative  
Bill Shackleton Place  
Brant Hills Presbyterian  
Burlington East Presbyterian  
Don Quixote Co-Operative  
Faith Christian Reformed Church  
Halton Children's Aid Society  
Halton Islamic Association (2)  
Halton Multicultural Council (2)  
Longmoor Seniors Residence  
Maple Crossing / Life Church  
Nelson Co-Operative Homes  
Pinedale Seniors Residence  
St Luke's Anglican Church  
Stoa Co-Operative  
Tansley United Church

## Georgetown

St. Alban's the Martyr Anglican Church-  
Glen Williams  
St. John's United Church

## Milton

40 Ontario St. Senior Residence  
Halton Multicultural Council  
Martin House Seniors Residence  
Milton Bible Church  
Milton Gospel Hall

## Oakville

Birch Glen Co-Operative  
Clearview Christian Reformed Church  
Dar Foundation  
Front Line Outreach  
Glen Oaks Co-Operative  
Halton Multicultural Council  
Oakridge Bible Chapel  
St. Hilda's Anglican Church  
St. Jude's Anglican Church



**“Since coming to Oakville two years ago, I feel that I am part of a community that cares. Food for Life is making it easier for me to accomplish my goals and get back on my feet.”**

**Program Client**



Food for Life supplied food for **community dinners** that provided **30,199 meals**.



# COMMUNITY FOOD BANKS AND AGENCIES

## Acton

Links 2 Care

## Burlington

Compass Point Bible Church  
Compassion Society of Halton  
Glad Tidings Pentecostal Church / North  
BurLINKton Dinner  
Food 4 Kids  
Halton Food for Thought  
Kids Chill Zone Burlington  
Our Kids Network – Aldershot Hub  
Our Community Cares (Burloak and Surrey  
Lane)  
St. Christopher’s Anglican Church / Open  
Doors  
Shifra Homes Inc.  
Summit Housing - Burlington  
Salvation Army Burlington Community and  
Family Services  
Wellington Square United Church

## Georgetown

Georgetown Breadbasket  
Summit Housing

## Hamilton

Feed the People  
Good Shepherd Centre  
Hamilton Food Share  
Kings Way Blessing Centre

Neighbour 2 Neighbour  
North End Food Bank  
Salvation Army, Booth Centre  
Traarbach Home  
Triple H Recovery Homes

## Milton

Bob Rumball Association for the Deaf  
Community Living North Halton  
Grace Anglican Church  
Hope Place Recovery Centres – Men’s  
Recovery House  
Hope Place Recovery Centres – Women’s  
Treatment Centre  
Milton Community Resource Centre  
Salvation Army – Khi Community  
S. Brown Outreach

## Mississauga

The Compass Market  
Eden Food for Change

## Oakville

Arthouse  
Big Brothers Big Sisters of Halton  
Bronte Youth Centre  
Queen Elizabeth Park Youth Centre  
Community Youth Programs Incorporated  
Cyan  
Front Line Outreach  
Grace House Incorporated  
Halton Lighthouse Emergency Shelter  
Howard and Jean Caine Apartments / March  
of Dimes  
Kerr Street Mission  
Lions Foundation of Canada Guide Dogs  
Oakville Youth Development Centre  
Oak Park Neighbourhood Centre  
Queen Elizabeth Park Youth Centre  
Seedlings Childcare Centre  
Support and Housing Halton  
Supported Training and Rehabilitation in  
Diverse Environments (STRIDE)

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**“Thankful that there are places  
available where I can get help for  
food to help ease the burden of  
struggling on a tight budget.”**

**Program Client**

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# FOOD DONORS

Allison's Farm Market  
Amma Canada  
Andrews' Scenic Acres  
Applevale Orchards  
Bayshore Vegetable Shippers  
Bulk Barn  
Burlington Community Garden  
Busy Liz's Farm  
CIT Donation  
Cobs Bread  
Costco  
Cumis  
Denninger's  
Earthfresh Foods  
Earth's Own Food Company  
Eden Food For Change  
Feeding Halton  
Food Banks Canada  
Ford Food Drive  
Forgotten Harvest Canada  
Fortinos  
Fresh Start Foods  
Georgetown Bread Basket  
GFL Logistics  
Gordon Food Service  
Green City Produce  
Gururavidass Gurda Burlington

Halton Food For Thought  
Halton Fruit Tree Project  
Halton Region Health Centre  
Hamilton Foodshare  
Hayden High School  
Inapak  
Ippolito  
JD Smith  
Kawartha Dairy  
Kerry Canada Inc.  
Liberty Freezers  
Longos Burloak  
Longos Fairview  
Longos Milton  
Longos South East Oakville  
Longos Trafalgar  
Maple Leaf Foods  
Maple Lodge Farms  
Marshall's Real Farmers Market  
Metro Oakville Town Centre  
Mission Produce  
Moisson Montreal  
Mondelez  
Neighbour 2 Neighbour  
Oak Park Food Drive  
Panera Bread  
Partnership West Food Drive

Plan B Organic Farms  
Rich Food Products  
Roseland Produce  
Salvation Army Burlington  
Santas Choice  
Second Harvest  
Sobeys Milton Retail Support Centre  
Sodexo's Feeding Our Future Program  
Speroway  
Starbucks  
Sysco Milton  
Target  
The Food Bank Of Waterloo Region  
The Mississauga Food Bank  
TreeHouse Foods (E.D. Smith)  
Tregunno Fruit Farm  
Turkey Drive  
Ultima Foods  
Unilever  
Wallace & Carey  
Walmart Burlington  
Walmart Milton  
Walmart North Burlington  
Waterdown Food Bank  
Whole Foods Oakville



Food for Life partnered with **Sodexo's Feeding Our Future** program to deliver over **4,000** fresh, nutritious lunches to children's summer camps.





# FINANCIAL DONORS

## Benefactors (\$100,000+)

Halton Region Community Investment Fund  
Ontario Trillium Foundation  
Sprott Foundation  
United Ways of Halton:  
    United Way Burlington & Greater Hamilton  
    United Way Halton Hills  
    United Way Milton  
    United Way Oakville

## Supporters (\$10,000-\$24,999)

Fleck Family Foundation  
Lakeside Logistics  
Oakville Community Foundation  
The Joyce Foundation

## Contributors (\$5,000-\$9,999)

Bethel Christian Reformed Church  
Blair & Sharon Richardson  
Catherine Potechin  
CIT Group  
First Canadian Title Charitable Foundation  
J.P. Bickell Foundation  
May Court Club of Oakville

## Facilitators (\$1,000-\$4,999)

Approved Cold Storage  
Bayer  
Canadian Tire  
Cobs Bread  
Compass Point Bible Church  
David & Sybil Nowell  
David Hudson  
Faith Christian Reformed Church  
Fratlicelli's Grill and Bar  
Halton Regional Police Service  
Halton Trauma Centre  
Heather Lee  
Jeffrey Zabudsky  
LogiSon Acoustic Network  
Maple Leaf Foods  
Opimist Club of Oakville  
Remsoft  
Rotary Club Burlington Lakeshore  
Sarah Rae  
Scotiabank  
Softchoice  
St. Alban's Anglican  
St. Jude's Church Oakville  
The Meeting House Church  
Tim Horton's  
Union Gas (Vancouver Foundation)



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**“As my situation improves I use this service less but I have had times where at the end of my pay I had \$20 left for gas, groceries and other items. Food for Life has saved us by providing a healthier choice of food other than a box or can.”**

**Program Client**

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# FINANCIAL DONORS

## Leadership Giving

2012/2013 - 2014/2015

Blair & Sharon Richardson  
Brenda & Doug Zinkiewich  
Catherine Potechin  
CIT Group  
Cobs Bread  
First Canadian Title Charitable Foundation  
Halton Region Community Investment Fund  
Heather Lee  
Lakeside Logistics  
May Court Club of Oakville  
Milton United Way  
Oakville Community Foundation  
Ontario Trillium Foundation  
Remsoft  
Rotary Club Burlington Lakeshore  
Sprott Foundation  
The Grocery Foundation  
The Joyce Foundation  
Tim Horton's  
Troy Pocaluyko  
Union Gas (Vancouver Foundation)  
United Ways of Halton:  
    United Way Burlington & Greater Hamilton  
    United Way Halton Hills  
    United Way Oakville  
    United Way Milton

## In-Kind Partners

Appleby College  
ArtHouse  
Bank of Montreal  
CIT Group  
Cumis Group Ltd.  
First Canadian Title  
George Bouzianis  
Golden Horseshoe Wholesale  
Green4Good  
Kirby James Group  
Lakeside Logistics  
Language Marketplace Inc.  
Maple Leaf Foods  
Pattison Outdoor Advertising  
Procor  
Purolator  
Sodexo Canada  
Softchoice  
Stylus Asset Management  
United Parcel Service



Thank you to everyone who voted for Food for Life in CIT's Foodortunity contest and to CIT for their gracious donation of \$5,000 USD.



Food for Life focused on raising awareness of the reality of hunger in our community.



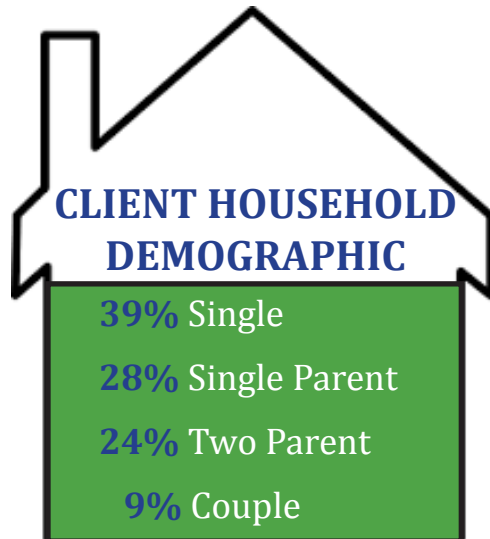


# WORKING WITH OUR COMMUNITY

## WHERE THE FOOD CAME FROM



## WHERE THE FOOD WAS SHARED



## CLIENT HOUSEHOLD INCOME

- 24% Disability Pension
- 22% Ontario Works (Welfare)
- 20% Employment
- 18% Old Age Pension
- 16% Other



# WORKING WITH OUR COMMUNITY

## **Food for Life Programs**

In conjunction with community partners and more than 600 volunteers, weekly “pop-up” food banks are coordinated every week by Food for Life. These programs are held in community rooms, places of worship, and on-site at low income housing buildings and provide clients in need with direct access to fresh food within their neighbourhood. These programs are integral when transportation is a primary barrier to accessing food.

## **Community Agencies**

Food for Life provides healthy food to 50 community agencies. Agencies such as Grace House, Summit Housing, and Bob Rumball Association for the Deaf coordinate programs to ensure their clients have access to healthy food.

## **Food Banks**

Food for Life serves a network of established food banks in the community and commits to delivering fresh, nutritious food to these partners. This donation of fresh food assists food banks to save thousands of dollars each year.

## **Senior Nutrition Programs**

Seniors on a fixed income are often faced with the difficult decision of choosing between paying for rent, heat or medicine. At times, seniors are unable to afford healthy food. Our programs are established on-site in low income seniors’ residences throughout the Region, which is important when transportation and financial access to food are barriers.

## **Youth Snack and Food Programs**

Through partner agencies such as Big Brothers Big Sisters of Halton and Arthouse, snack programs provide critical food to hungry

children every week. Food for Life strives to ensure all youth food programs have access to food and logistics support. During the summer, Food for Life partnered with Sodexo’s Feeding Our Future program to deliver over 4,000 fresh, nutritious lunches to low income children’s summer camps.

## **Disability Food Programs**

Food for Life coordinates food distribution programs on-site in low income residences for individuals on fixed disability income. Food is delivered every week to those in need. These programs are essential as mobility is a major barrier to accessing food.

## **Community Dinners**

Food for Life supplied food for a number of community dinners that provided 30,199 meals to those in need.

## **Food Access Network**

Still in its early stages, Food for Life has coordinated a number of meetings with fellow agencies, charities and not for profit organizations with a goal of assessing efficiencies and identifying improvements in the provision of food to those in need. This engagement and commitment expressed by community partners solidifies the spirit of collaboration and the drive to serve others.

## **Food Sorting Teams**

Newly launched this year, thousands of pounds of food was sorted and prepared for distribution by corporate teams and students in the Food for Life warehouse. This half day program is a fun and impactful experience that allows local organizations to get involved and give back to their community.

## **Cobs Bread**

Thanks to Linda Dixon, our Cobs Bread Program Coordinator, the Cobs Bread pick up program continues to run smoothly and effectively. This program is solely run by volunteers where baked goods are graciously donated by Cobs Bread locations and distributed to those in need.

## **Volunteers**

Volunteers and gracious citizens are the lifeblood of Food for Life. A special thank you to David Nowell, Tom Gallinger, and Dick Vaughn who serve as warehouse hands and assistant drivers, Brennan Carson for his overall leadership, Alison Fraser for her communications advice and Sean O’Brien for his warehouse support and role as a community leader. We greatly appreciate your continued support.

## **Hunger Count**

Every year Food for Life participates in the national Hunger Count Survey, led by Food Banks Canada. This formal data collection process is the only national survey of food banks in the country and is critical for officially documenting hunger in our Region.

## **Turkey Drive**

Thanks to our partners and volunteers, Food for Life’s annual Turkey Drive continues to be a successful event providing turkeys to families in need over the holiday season.

## **Raising Awareness of Hunger**

To raise awareness about the impact of hunger in the community, Food for Life launched [stophungerpains.ca](http://stophungerpains.ca) and multi-media campaigns to raise public awareness of hunger in our own backyard.

# 2014/2015 Food for Life Canada Charitable Corporation Statement of Operations



Fiscal Year End September 30, 2015	2015	2014
<b>Revenues</b>		
Halton Region Community Investment Fund	\$ 135,624	\$ 154,375
United Way	106,546	103,016
Donations and fundraising	128,623	113,128
Amortization of deferred contributions	47,895	55,023
Foundation grants	210,666	228,370
Other income	10,264	17,926
Gain on disposal of vehicle	15,236	—
Donated food	5,406,564	5,190,533
	6,061,418	5,862,371
<b>Expenditures</b>		
Salaries, benefits and contracts	391,504	390,271
Amortization	53,071	65,451
Warehouse rental	46,913	42,803
Vehicle operating costs	63,166	66,110
Warehousing and supplies	10,549	27,954
Professional fees	21,331	19,210
Administration	17,756	20,872
Travel and conferences	9,583	12,766
Utilities	14,791	13,040
Promotion	20,215	4,062
Telephone	6,378	5,251
Insurance	4,646	2,002
Fundraising	2,225	8,003
Distribution of donated food	5,406,564	5,190,533
	6,068,692	5,868,328
Excess of expenditures over revenues	\$ (7,274)	\$ (5,957)



Financial statements have been audited by Charles Havill, Chartered Accountant, and are available at [foodforlife.ca](http://foodforlife.ca).





## Our Mission

To source and distribute fresh, nutritious food to those in need through community partnerships.



**food for life**

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(905) 635-1106

[foodforlife.ca](http://foodforlife.ca)

[stophungerpains.ca](http://stophungerpains.ca)



@foodforlife



Food for Life

Charitable registration number: 890943772RR0001