

"It saves me time and money as a youth in care to have this program available and it's easy to use. Not having to worry about what I'm eating and how I'm going to get it every week has been a huge stress reliever."

-Youth supported by state-of-the-art GOOD Food Locker located at the Main Branch Milton Public Library



# IMPACT REPORT

## Thank You To Our Supporters



GOULD FAMILY

Learn more at [FoodForLife.Ca](https://FoodForLife.Ca)



2258 Mountainside Drive  
Burlington Ontario, L7P 1B7  
905.635.1106



Charitable Number 890943772 RR0001

To view full audited statements visit [FoodForLife.Ca](https://FoodForLife.Ca)



2021



## 2021...the year of Growing the **GOOD!**

Together we did not just serve but **innovated** to bring new solutions to help make **GOOD** food more accessible than ever. Our **GOOD** food fridges allow food to be accessed outside traditional food programs, while our targeted food rescue work in **Hamilton** has helped several agencies serve more people.

Our commitment to the **environment** saw our participation as the only charity in the Canada Food Waste Challenge as we work tirelessly to divert inedible food from landfills through our onsite compost program. We did all this while completing our incredible **renovation** made possible thanks to funding from the Ministry of the Environment Conservation and Parks that doubled our warehouse and quadrupled our cold storage.

Inspired by our work, you, our **amazing donors, and volunteers** ensured we had the resources that were needed to serve during a time in which we faced increasing costs to meet the demands caused by Covid-19. You funded new **research** to support our understanding of those we serve more deeply, to continue to find innovative solutions to common challenges and improve the impact we have. An **impact** that was again recognized as being one of the top 100 Charities in Canada by Charity Intelligence in 2021.

You continue to place your trust in us, and we **thank you** for being there at a time the community needed us most.

- Graham Hill, Executive Director

# Impact Stats

**4,960,000**

Pounds Of Food Rescued

**\$14,824,883**

Value Of Food Shared

**7,000,000**

KGs Of Greenhouse Gas Diverted

**75**

Food for Life Programs Supported

**3200**

Households Supported Each Week

**25**

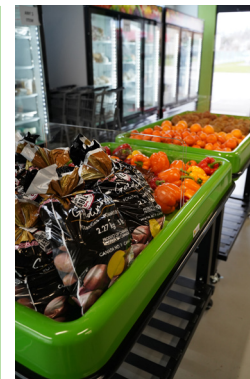
Charitable Agencies Supported with Bulk Fresh Food

**10,000+**

Hours Contributed By **350** volunteers

**1,000+**

Hours Contributed By **25** Corporate And Community Groups



**"I want to say thank you very much for the food hamper I get each month. I can't believe the fresh fruit, vegetables, everything is just fantastic. I couldn't do it without your help, and I appreciate you all. Thank You!"**

**- Hamilton Neighbour**

**LEARN. VOLUNTEER. DONATE**

**FoodForLife.Ca**