

When people are hungry,
nothing else matters...
Everything starts with food

Acton

Neighbour Satisfaction & Impact

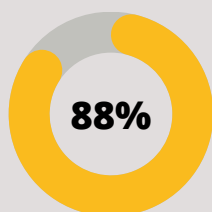


Food for Life regularly collects survey responses from community members who attend our programs, our 'Neighbours', on their program satisfaction & impacts of attending

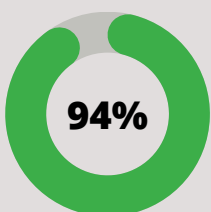
At Food for Life, we *Rescue Food* and *Impact Lives*. We believe that everyone deserves access to fresh, nutritious food and that quality surplus food should be shared—not wasted. By supporting over 90 programs across Halton and Hamilton, we're committed to making this vision a reality. **In Acton, we provide healthy fresh food weekly to 148 households through offering a variety of program types where neighbours can choose from fresh food options like fruits and vegetables, meat, meat alternatives, and dairy.** Recent 2024 Satisfaction and Impact surveys highlight the meaningful difference our programs are making in Acton. Beyond meeting food access needs, our programs positively impact lives by supporting improved food security outcomes, better health and wellbeing, enhanced financial stability, and so much more! Through fresh food access and community connections, we help neighbours build resilience and improve their overall quality of life.

Program Satisfaction Highlights

*Percent of Surveyed Acton Neighbours who responded as either 'Very satisfied' or 'Satisfied' to the below prompts in December 2024



QUALITY OF
FOOD



VARIETY OF
FOOD



HOW FOOD IS
OFFERED



ACCESSIBILITY OF
PROGRAM
LOCATION



OVERALL
SERVICE

"Being a part of Food for Life has allowed us to pursue community opportunities and partnerships, it has also allowed us to expand our offerings." – The Roxy Centre, Acton

3

Food for Life
Programs in Acton

5

Food for Life Agency
Partnerships in Acton

148

Households Supported
Weekly in Acton in 2024

\$57.14

Average Weekly Food
Savings Reported by
Acton neighbours

63,459 lbs

Rescued Food Shared
in Acton in 2024

\$224,010

Value of Rescued Food
Shared in Acton in 2024

3,443

Volunteer Hours
Contributed in Acton
in 2024

"I appreciate all the help I receive for myself and my family." - Acton neighbour

When people are hungry,
nothing else matters...
Everything starts with food

Acton

Neighbour Satisfaction & Impact



Food for Life regularly collects survey responses from community members who attend our programs, our 'Neighbours', on their program satisfaction & impacts of attending

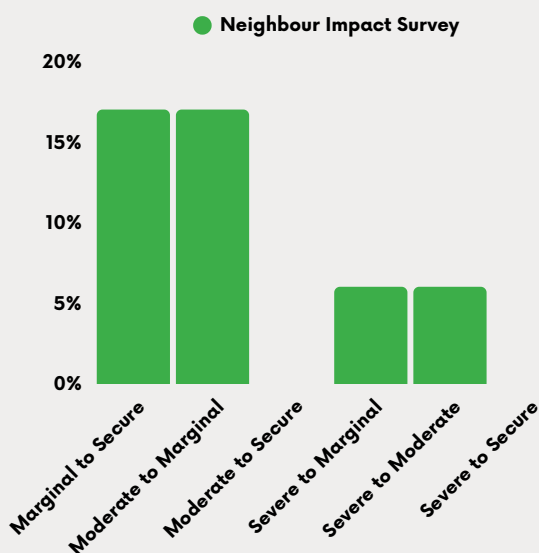


Fig. 1: Level of Food Security Improvement
Food for Life Acton Programs
October 2024

*Data represents household-level changes

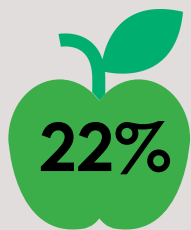
Nearly 1 in 2 (46%) of our Acton neighbours who responded to our Neighbour Impact Survey reported improvements in their household's food security status since accessing our programs (Fig. 1)

- Food security increased by **17%** with neighbours experiencing fewer worries about food access
- Marginal food insecurity increased by **23%** as neighbours previously experiencing severer forms of insecurity moved towards improvement
- Moderate food insecurity decreased by **17%**, reducing reliance on low-cost foods and skipping meals
- Severe food insecurity decreased by **6%**, alleviating extreme shortages and days without food
- **33%** reported experiencing dietary improvements including eating more fresh foods, eating more frequently, and eating balanced meals

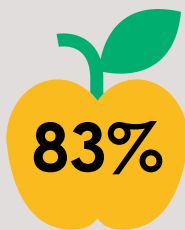
"Love how our small community comes together for one another."
- Acton neighbour

Transformative Impact: Health, Financial, & Social Wellbeing Change

*Percent of Surveyed Acton Neighbours who self-reported the following health, financial, and social wellbeing impacts in October 2024



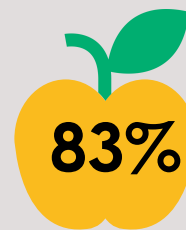
DECREASED STRESS



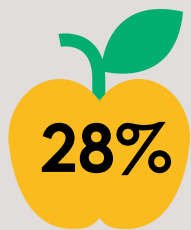
INCREASED ACCESS
TO FRESH & HEALTHY
FOOD



DECREASED NEED TO
ACCESS ADDITIONAL
FOOD PROGRAMS



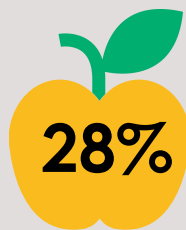
POSITIVE IMPACTS TO
OVERALL HEALTH



INCREASED
COMMUNITY
CONNECTIONS



ABLE TO STRETCH
BUDGET



MONEY TO PURCHASE
OTHER NEEDED FOOD
ITEMS



IMPROVED
FINANCIAL SECURITY