



Food for Life regularly gathers feedback from Neighbours about their program satisfaction & impacts of attending

At Food for Life, fresh food is more than nourishment — it's a foundation for health, dignity, and community. We rescue high-quality surplus food and connect it with neighbours who need it most, turning good food into community and environmental impact. Through over 90 food access points across Halton and Hamilton, including Food for Life run programs and community partnerships, we expand access to fresh, nutritious food. **In Georgetown, an average of 294 households were supported each week in 2025 through programs that prioritize choice and dignity, offering fresh produce, meat and meat alternatives, and dairy.** Gathered in Food for Life's 30th year of service, the 2025 Neighbour Satisfaction and Impact survey results offer a snapshot of how our programs continue to make a difference. Neighbours report improvements in food security, health and wellbeing, financial stability, and their sense of community connection. Pairing fresh food access with welcoming, low-barrier, community-based programs helps create lasting impacts for neighbours across our communities.

### Program Satisfaction Highlights

\*Percent of Surveyed Georgetown Neighbours who responded as either 'Very satisfied' or 'Satisfied' to the below prompts in Nov./ Dec. 2025



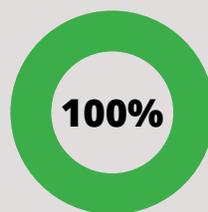
AMOUNT OF FOOD



VARIETY OF FOOD



HOW FOOD IS OFFERED



ACCESSIBILITY OF PROGRAM LOCATION



OVERALL SERVICE

**“Seniors have cried being able to get meat or fruit options that they would not normally be able to afford.” – Hillsview Active Living Centre, Georgetown**

**7**  
Food for Life Programs in Georgetown

**5**  
Food for Life Agency Partnerships in Georgetown

**294**  
Households Supported Weekly in Georgetown in 2025

**\$71.87**  
Average Weekly Food Savings Reported by Georgetown neighbours

**184,566 lbs**  
Rescued Food Shared in Georgetown in 2025

**\$660,746**  
Value of Rescued Food Shared in Georgetown in 2025

**4,374**  
Volunteer Hours Contributed in Georgetown in 2025

**“Without this program I would not be able to afford quality food. Thank you so much for the access to food.” - Georgetown Neighbour**



Food for Life regularly gathers feedback from Neighbours about their program satisfaction & impacts of attending

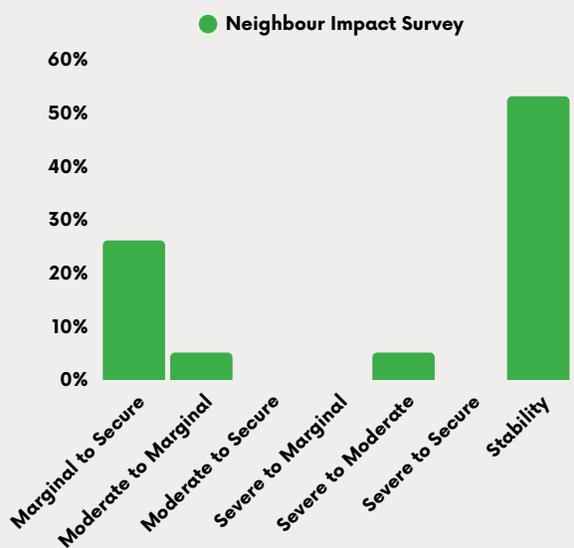


Fig. 1: Level of Food Security Improvement  
Food for Life Georgetown Programs  
2025

\*Data represents household-level changes

Greater than 1 in 3 (37%) of our Georgetown neighbours who responded to our Neighbour Impact Survey reported improvements in their household's food security status since accessing our programs (Fig. 1)

- Food security increased by **26%** with neighbours experiencing fewer worries about food access
- Marginal food insecurity increased by **5%** as neighbours previously experiencing severer forms of insecurity moved towards improvement
- Moderate food insecurity decreased by **5%**, reducing reliance on low-cost foods and skipping meals
- Severe food insecurity decreased by **5%**, alleviating extreme shortages and days without food
- **53%** experienced stability and avoided worsening food insecurity
- **53%** reported experiencing dietary improvements including eating more fresh foods, eating more frequently, and eating balanced meals

"My experience with Food for Life has been truly rewarding. The food is always fresh and meets our needs, but what has stood out the most is the kindness of the volunteer staff. I've also connected with others in similar circumstances and even made new friends." - Georgetown Neighbour

## Beyond Food: Impacts on Health, Financial, and Social Wellbeing Outcomes

\*Percent of Surveyed Georgetown Neighbours who self-reported the following health, financial, and social wellbeing impacts in summer 2025



DECREASED STRESS



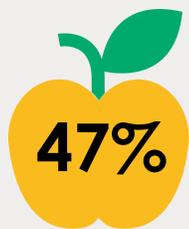
INCREASED ACCESS TO FRESH & HEALTHY FOOD



DECREASED NEED TO ACCESS ADDITIONAL FOOD PROGRAMS



POSITIVE IMPACTS TO OVERALL HEALTH



INCREASED SOCIAL INTERACTIONS



ABLE TO STRETCH BUDGET



MONEY TO PURCHASE OTHER NEEDED FOOD ITEMS



IMPROVED FINANCIAL SECURITY